



Welcome to Family School Wellness Program in Chinook's Edge School Division

The Family School Wellness Program works to provide support, connections, and resources for students and their families in order to meet their needs across a wide range of issues and challenges. We believe people are most well when they are safe, connected, valued by others, and engaged in meaningful activity. We also believe people are most motivated when meeting needs, living according to their values, moving toward meaningful goals and making use of strengths and capabilities. In light of this, we are a strengths-based team working to bring forth the abilities, resourcefulness, wisdom and personal vision of the families we serve.

We value the critical role you play in your child's development and well-being. We will seek your input, feedback, and participation in supports we may provide to your child and family. We also value the privacy of children and families and will discuss confidentiality and the limits of confidentiality in our first meeting.

Our services are available to children aged birth to eighteen and their families living within Chinook's Edge School Division. Family School Wellness is available year round and is free of charge.

Our program promotes wellness through the following:

- Preventative education programming in classrooms or community
- Targeted skill development with students in small groups
- Advocacy and support within the school and community
- Referral to community agencies and resources
- Individualized, short term support services to children, youth and families facing social, emotional, or family challenges.

Shared understandings:

- Students are welcome to make one self-referred visit prior to parental or guardian consent.
- In most cases, involvement with our program requires both guardians' consent. However, there may be exceptions so please contact us.
- If you consent to services for your child and family, please fill out the attached referral and consent form. If you require assistance with completing the forms, we can help.
- Program consent is valid for one school year only.
- Support is voluntary and you or your child may withdraw from the program at any time with written notice.

For more information, please contact the Family School Wellness Worker
Mike Bass at 403-588-4398 or email me at mbass@cesd73.ca

Connecting with students and families in compassionate relationships that promote resilience, wellness and growth.

CHINOOK'S EDGE SCHOOL DIVISION NO.73

